

Post-Script

STEPS IN MINISTERING/COUNSELING

While each of the preceding chapters contains various suggestions and examples of ministry related to the subject of the chapter, following are three outlines to serve as instruction and reminders. These outlines overlap and progress as follows:

Page 2 - - - **(A) SIMPLE OUTLINE**

(which could be copied or taped inside your counseling notebook)

Page 3 - - - **(B) STEPS IN MINISTERING/COUNSELING**

Page 5 - - - **(C) FIVE STEPS IN THE HEALING PROCEDURE (PHYSICAL AND INNER HEALING)**

(Focused generally toward physical healing, but having a broader application)

(A) SIMPLE OUTLINE

1. Prayer
2. Someone lead
3. Someone take notes
4. Interview
 - a. Find out about their salvation
 - b. Relation with father and mother
 - c. Soul ties
 - d. Word curses (against them, or by them toward parents, self, God)
 - e. Inner vows
 - f. Trauma
 - g. Generational curses
 - h. Demonization
 - i. Prayer for healing
 - j. Post-ministry directions

(B) STEPS IN MINISTERING/COUNSELING

1. Pray - For Wisdom, direction, and for a covering of the blood of the Lamb.

2. Someone Lead.

3. Someone Take Notes.

4. Interview:

- A) "What is your need?" or "How can I help you?"
- B) When did this problem/pain, etc. begin?
- C) What happened at that time?
- D) Have you been to a doctor/What does he say (other counselors)
- E) Do you have any insights?
- F) At any point -stop and ask the Lord for wisdom & everyone listen
- G)Keep your eyes open. ("Watch and pray.")

5. Tell me about relationship with FATHER AND MOTHER.

- A) Forgive
- B) Repent of judgments
- C) Honor & respect father and mother (or their memory, if dead)

6. Soul Ties

- A) Sexual sins against the person
- B) Sexual sins by the person
- C) Domination, abuse, controls

7. Word Curses

- A) Did your father/mother ever curse you, or put you down?
- B) Did you curse them?
- C) Did you curse God ?
- D) Did you curse yourself?

8. Inner Vows I.e. "I will never trust a man again".

9. Occult

- A) In family?
- B) Personal involvement?

10. Trauma

- A) Listen for emotional reports
- B) Ask about trauma.
- C) Ask Holy Spirit to enter heart and heal brokenness; seal trauma with the blood of Christ

11. Generational Curses

- A) Sickness
- B) Occult
- C) alcohol-drugs
- D) Sexual Sin
- E) Divorce
- F) Insanity
- G) Stealing
- H) Anger, violence & murder
- I) Fear

12. Witchcraft Curses?

- A) Forgive the person
- B) Break and renounce. *Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a tree." (Gal. 3:13)*

13. Demonization?

The following problems make us suspect demonization but we can't be sure until we do ministry, so don't jump to conclusions.

- A) Tormenting thoughts, emotions, or attitudes
- B) Compulsions and addictions C) Occult involvement
- D) Chronic sickness E) Disturbed family history

Pray a covering and protection of the blood of Jesus Christ over the person, over you, over the room, over everyone in the church or house where you are doing ministry - to avoid transference of demons.

14. Final Prayer

- A) Forgive others B) Break soul ties
- C) Break/renounce all curses (word curses etc.)
- D) Break generational curses
- E) "I RENOUNCE SATAN". I renounce the spirit of rejection, fear, anger, shame, grief condemnation, alcohol, drugs, pornography, adultery, homosexuality, sickness (diabetes, headaches, etc.), insanity, spirit of death, etc.)
- F) Have them BREATHE out and you command spirits to leave.
- G) How do you feel? (If dizzy or headache, etc. continue until free.)
- H) Prayer for HEALING.

15. Post Prayer Directions

- A) Renounce guilt/condemnation
- B) Take thoughts captive (don't be passive)
- C) "Go and sin no more" / Resist temptation, avoid evil companions.
- D) Restitution? Confession? Possibly a word from God?
- E) Disciplines: Prayer/Word of God/ Fellowship/Accountability/On-going counseling?

(c) Five Steps in The Healing Procedure - Physical and Inner Healing

STEP 1 - THE INTERVIEW

(First, ask about their relation to the Lord. If they have never invited Christ to be Lord of their life, gently lead them to make that confession. If they seem unsure, lead them to repeat their confession. Important: Treat your counselee with love and respect.)

A. Key Questions:

"What do you want us to pray for?" "When did this problem begin?" "What happened about that time?" (Get to the ROOT)

B. Other Possible Questions:

"Does this condition run in your family?" "Have you been to a doctor and what did he say." "Do you have any insights?"

C. Important:

(1) Ask questions and LISTEN! (2) stress this is not a medical diagnosis

D Expect to receive gifts of the Spirit: through impressions, visions, feelings, thoughts

(1) Words of knowledge (2) Words of wisdom
(3) Discernment of spirits (4) Healing (5) Miracles

E. Interview is complete when:

(1) You believe you have discovered the cause (root) of the condition
(2) God has told you what to do.
(3) You may not have a clue (this happens often). Don't pretend you know if you don't, but **DO PRAY!**

STEP 2 - THE DIAGNOSIS

Answers the question: "Why does this person have this problem?"

Possible diagnosis (Usually the problem will be some combination of the following):

- (1) Sin - that they committed or that was committed against them .
- (2) Emotional problems (fear - depression - grief - impassive - bottled up)
- (3) Trauma (i.e. accident - death of a loved one - natural disaster - any great fear or loss - attempted abortion by her parent).
- (4) Familial (family spirits) - attached from generation to generation.
- (5) Invisible "friend" - that was invited in or came in during childhood
- (6) Destructive words (curses) spoken to the person by father, mother, step-parent, doctor, etc.
- (7) Witchcraft curses - spoken by the person against father, mother, ex-spouse, God, self, or own body
- (8) Curses (demons) that came in because of:
 - (a) Occult involvement by the person or parents
 - (b) Alcohol/drugs used by the person or parents
 - (c) Satanic pacts made by the person or parents
 - (d) Curses placed against the person by someone

STEP 3 - MINISTRY AND PRAYER SELECTION

Answers the question "How shall I minister to and pray for this person?"

A. Types of prayer

(1) Salvation

(2) **Forgiveness of others: (Crucial)** Have them say, "I forgive my father

for _____ (They fill in the things they need to forgive him for.)

Father, mother, brother, sister, ex-husband, God (IF they have blamed Him, then have them repent of wrong attitude toward God), etc.

Example: I forgive my dad/mom for _____. Jesus, I release my dad/mom to you and repent of judging and condemning them.. I choose to honor my father and mother. Lord, you have given me mercy and I choose to give my dad/mom mercy. Lord, please heal my heart and my damaged emotions. Forgive me, Lord, for allowing anger, hatred and bitterness, and I now choose peace, love and forgiveness toward my dad/mom. Lord, I put my dad/mom in Your hands. In the name of Jesus, I cancel all debts. Amen

(3) **Forgiveness of self.** *I receive Your forgiveness, Heavenly Father, and I break guilt, condemnation and self hate*

(4) **Repentance** - of judgment, bitterness, vows, sins

(5) **Break soul ties** – *Lord, I break all ungodly soul ties between me and my dad/mom.* (This is important if the child was treated with abuse - emotional, physical, or sexual)

(6) **Break generational curses**

(7) **Deliverance** - after getting rid of the "garbage"

(a) **Rebuke** - break their power

(b) **Bind** - contain their power

(c) **Expulse** - command them to go

B. Lay hands on the person appropriately (Mark 16:18)

(1) **Prayer directed toward God** Petition/intercession - asking God to heal

(2) **Prayers of command from God**

(a) "I command this pain and the spirit behind the pain to go in Jesus' name!"

(b) "Now move your body in a way you could not do before."

(3) **Prayer in tongues** – especially if you are uncertain how to pray or feel led to pray in tongues.

C. Suggested affirmations. Prayers when the person has:

(1) **been the victim of destructive words/put downs/curses:** *"Heavenly Father, I forgive my father, mother for calling me worthless/stupid, and by the authority of the cross break the power of these words over my mind and heart.*

(2) **spoken curse against others:** *"Heavenly Father, forgive me for speaking those curses against _____ I forgive that person and repent of my judgments against him. I renounce those words I spoke. In Jesus name."*

(3) **been involved in the occult/alcoholism/drugs, or their parents/preceding generation have been involved:** *I always assume problems with preceding generations if the person has been involved in these and in cases of abandonment, divorce, physical and sexual abuse, much sexual immorality, and homosexuality.) "Heavenly Father, I opened the door for a curse upon me and my family (or my parents/grandparents opened the door, etc.) by my involvement in the occult, drugs, sexual sin, etc.. Forgive me, Lord, I repent of that sin. Jesus Christ became a curse for me on the cross (Gal. 3:13) and has broken every word curse and spell. I place the cross between my parents and me to the 4th generation, and between them and my spouse and children. I renounce Satan and all his works. (I renounce alcoholism, divorce, cancer in my family). I reclaim the ground stolen from my family and me by Satan. I cut the chains that bind me to every curse."*

(4) **to minister to the effects of trauma**

Trauma causes brokenness inside, and allows darkness to enter your heart. *"Heavenly Father, I close that door, that gate of hell through which Satan attacked me when _____ (name the situation). I renounce Satan and all his works. I renounce the spirit of fear that attacked me, the infirmity of epilepsy/diabetes that attacked me. I pray for healing of the brokenness inside and I ask you to seal that trauma by the blood of Christ. I reclaim the ground _____ that Satan stole from me and I pray for healing/deliverance from this physical, emotional, spiritual problem. In Jesus' name!"*

(5) **been sexually molested/raped/homosexual attack, etc:**

Restate prayer as above in #3 and add: *"I forgive the person who molested me and repent of judgment and hatred in my heart. I cut the soul ties that bind me to that person and renounce any spirit of adultery, perversion, homosexuality, or child abuse. I pray for*

cleansing of all defilement by the blood of the Lamb. In Jesus name."

(6) theophostic ministry, if appropriate.

(7) to minister to an inner vow:

If you have ever said, "I will never be like my mother, or I will never let anyone hurt me like that again, etc." you have made an inner vow. Unless you forgive them and repent of judging them, you will be drawn to do what they did. Jesus said that if you judge another it will come back to you.

"I remit and speak off the inner vow that I made when I said, "I will never _____," "I break all agreements with that inner vow, and I _____ repent of judging my _____. I repent of cursing my own life, and I renounce the words of my mouth.

(8) to minister forgiveness to God

Obviously, God has not sinned, but people tend to hold God responsible when bad things happen, i.e. spouse committed adultery, sexually molested as a child, parent died when you were young, have cancer, etc.

I forgive God. Lord please forgive me for blaming you for _____. I repent, Lord, of judging You, blaming _____ You and cursing You. I renounce the thoughts I had and words I said that blamed You. I choose Your truth, and know that You love me and You did not cause this to happen to me. I pray you will use for good what Satan has meant for evil. I receive Your forgiveness, Heavenly Father.

(9) to minister to anger:

Ask yourself, who was angry in my childhood home? Was it mom, dad _____ or both? Were you rejected/abandoned/etc.? Forgive the person with whom you are angry. Repent of judging and condemning them. Then renounce the spirit of anger. First you have to find and cut the root of the anger, and then renounce the spirit of anger. The same principle works for fear, etc.

(10) to break generational curses:

I here and now reject and disown all the sins and iniquities of my ancestors. I confess the sin of my parents and ancestors and my own sin of _____. I release and forgive them for this sin and for resulting curses. Specifically, I forgive my (father; mother; etc.) I repent of this sin and for yielding to it and the resulting curses. I ask You to forgive me, Lord, and I forgive myself for participating in this sin. I renounce the sin of _____ and break the power of all resulting curses through the redemptive work of Christ on the cross and His shed blood. Thank You, Jesus. Amen..

ALWAYS PRAY FOR THE PERSON'S HEART, TO SEAL THE HEALING

Pray for God to heal the broken heart - to fill up the emptiness and loneliness with His Holy Spirit - to heal the scars - to take away the pain of the terrible memories of harsh words and deeds - to cleanse any defilement. Ask the Lord to let the person see herself/himself as clean and dressed in white, etc

STEP 4 - PRAYER ENGAGEMENT

Answer the question: "How are we doing?"

A. Ministry and payer should proceed WITH YOUR EYES OPEN. ("Watch and pray.")

Look at them carefully for effect:

(1) Shaking and trembling - heat - falling over - drunk in the Spirit - bodily writhing and contortions - laughing - sobbing - praise - heaviness in the air - deep breathing - a felt silence.

B. Ask questions.

(1) "What are you feeling?" "Did the pain leave?" "Tell me what thoughts, feelings, words you are having/hearing."

(2) Many times the answers to these questions lead you in how to pray next.

(3) Use your notes. You don't need a "word" if something important was mentioned earlier that has not been dealt with.

C. When to stop praying.

(1) When the person you're praying for says it's over.

(2) When the Spirit tells you it's over. He may still be doing things, but you are done.

(3) When you can't think of anything else to do or pray. (Perhaps God is going to use someone else to minister to them, or at another time, or there are roots of blockages you don't understand. Encourage them to love and trust God; assure them of God's love. If there has been improvement, try to set up soaking prayer.)

STEP 5 - POST PRAYER DIRECTION

Answers the question: "What should they do to get or keep healing?"

A. Assure them that they have been forgiven (I John 1:9) and not to listen to words/thoughts/accusations from the accuser. (Scripture cards/verses affirming the truth may be used.)

B. Assure them they have forgiven others and to resist thoughts of anger, etc. (They will be tested.) Take thoughts captive.

C. How to stand against temptation, fear, voices, etc. "Go and sin no more." Avoid evil companions.

- D. Specific counsel: restitution, confession, and apology. (Possibly a specific word from God for the person.)
- E. Compassion and encouragement if not healed. Also remember soaking prayer.
- F. Spiritual disciplines are essential: Fellowship, Scripture, prayer, service, obedience, and small groups
- G. Be accountable: Check-ups, small groups, on-going counseling
- H. If you have not already done so, lead the person to the Lord. Ask forgiveness. Repent (turn life around). Acknowledge Jesus as Lord and personal Savior. Invite Jesus into the heart.